



**Life is a wonderful gift of God.  
Place this life at the lotus-feet  
of the Lord as a flower.**

*Swami Sivarama*



ॐ  
**O Man! Thou art  
 not mortal. Thou  
 art divine. Thou art  
 the Immortal  
 Atman. Fear not.  
 Grieve not.**  
*Sivananda*

- 1 Pradosha Puja
- 2/3 Purnima
- 7 26th Anniversary of  
Punyatithi Aradhana of  
H. H. Sri Swami  
Devanandaji Maharaj
- 14 Ekadashi  
Makar Sankranti  
(Uttarayana Punyakala  
09.38 p.m)
- 16 Pradosha Puja
- 18 Mouni Amavasya
- 23 Vasanta Panchami
- 25 Ratha Saptami
- 26 Republic Day,  
Bhishma Ashtami
- 29 Ekadashi
- 30 Pradosha Puja

January 2026							पौष-माघ, वि.सं. २०८२						
SUN	MON	TUE	WED	THU	FRI	SAT							
				1 त्रयोदशी	2 चतुर्दशी-पूर्णिमा	3 पूर्णिमा							
4 मा.कृ.१	5 द्वितीया	6 तृतीया	7 चतुर्थी	8 पंचमी	9 षष्ठी	10 सप्तमी							
11 अष्टमी	12 नवमी	13 दशमी	14 एकादशी	15 द्वादशी	16 त्रयोदशी	17 चतुर्दशी							
18 अमावास्या	19 मा.शु.१	20 द्वितीया	21 तृतीया	22 चतुर्थी	23 पंचमी	24 षष्ठी							
25 सप्तमी	26 अष्टमी	27 नवमी	28 दशमी	29 एकादशी	30 द्वादशी	31 त्रयोदशी							

- NOTES**
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**There is one  
panacea for all  
ills: the Name of  
God.**

*Sivananda*

- 1 Purnima
- 4 24th Anniversary of  
Punyatithi Aradhana of  
H. H. Sri Swami  
Dayanandaji Maharaj
- 5 22nd Anniversary of  
Punyatithi Aradhana of  
H. H. Sri Swami  
Premanandaji Maharaj
- 13 Ekadashi
- 14 Pradosha Puja
- 15 Sri Mahasivaratri
- 17 Amavasya
- 27 Ekadashi

# February 2026

# माघ-फाल्गुन, वि.सं. २०८२

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> पूर्णिमा	<b>2</b> फा.कृ.१	<b>3</b> द्वितीया	<b>4</b> तृतीया	<b>5</b> चतुर्थी	<b>6</b> पंचमी	<b>7</b> षष्ठी
<b>8</b> सप्तमी	<b>9</b> अष्टमी	<b>10</b> अष्टमी	<b>11</b> नवमी	<b>12</b> दशमी	<b>13</b> एकादशी	<b>14</b> द्वादशी
<b>15</b> त्रयोदशी	<b>16</b> चतुर्दशी	<b>17</b> अमावास्या	<b>18</b> फा.शु.१	<b>19</b> द्वितीया	<b>20</b> तृतीया	<b>21</b> चतुर्थी
<b>22</b> पंचमी	<b>23</b> षष्ठी	<b>24</b> सप्तमी	<b>25</b> नवमी	<b>26</b> दशमी	<b>27</b> एकादशी	<b>28</b> द्वादशी

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- ☞ Sri Vishnu Puja on Wednesdays.
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ॐ  
Divine Grace should  
back up personal  
effort. Then alone  
God-realisation is  
possible.  
*Sivananda*

- 1 Pradosha Puja
- 2 Purnima
- 3 Purnima,  
Sri Chaitanya  
Mahaprabhu Jayanti,  
Lunar Eclipse  
6.02 p.m. to 6.47 p.m.
- 3 21st Anniversary of  
Punyatithi Aradhana of  
H. H. Sri Swami  
Madhavanandaji  
Maharaj
- 4 Holi
- 15 Ekadashi
- 16 Pradosha Puja
- 18/19 Amavasya
- 19 Ugadi; Lunar New Year's  
Day; Vasanta Navaratri  
begins
- 27 Sri Ramanavami
- 29 Ekadashi
- 30 Pradosha Puja
- 31 Sri Mahaveer Jayanti

# March 2026 फाल्गुन-चैत्र, वि.सं. २०८२-२०८३

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> त्रयोदशी	<b>2</b> चतुर्दशी-पूर्णिमा	<b>3</b> पूर्णिमा	<b>4</b> चै.कृ.१	<b>5</b> द्वितीया	<b>6</b> तृतीया	<b>7</b> चतुर्थी
<b>8</b> पंचमी	<b>9</b> षष्ठी	<b>10</b> सप्तमी	<b>11</b> अष्टमी	<b>12</b> नवमी	<b>13</b> दशमी	<b>14</b> दशमी
<b>15</b> एकादशी	<b>16</b> द्वादशी	<b>17</b> त्रयोदशी	<b>18</b> चतुर्दशी-अमावास्या	<b>19</b> चै.शु.१	<b>20</b> द्वितीया	<b>21</b> तृतीया
<b>22</b> चतुर्थी	<b>23</b> पंचमी	<b>24</b> षष्ठी	<b>25</b> सप्तमी	<b>26</b> अष्टमी	<b>27</b> नवमी	<b>28</b> दशमी
<b>29</b> एकादशी	<b>30</b> द्वादशी	<b>31</b> त्रयोदशी				

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ॐ  
**God is formless  
 and yet He is  
 the form of all  
 forms.**  
*Sivananda*

- 1 Purnima
- 2 Purnima,  
Sri Hanuman Jayanti
- 13 Ekadashi
- 14 Mesha Sankranti  
(11.45 a.m.)
- 15 Pradosha Puja
- 17 Amavasya
- 19 Sri Parashuram Jayanti
- 20 Akshaya Tritiya
- 22 Sri Adi Sankaracharya  
Jayanti
- 23 Sri Ganga Saptami
- 25 104th Birth  
Anniversary of H.H. Sri  
Swami Krishnanandaji  
Maharaj
- 27 Ekadashi
- 29 Pradosha Puja

April 2026						
चैत्र-वैशाख, वि.सं. २०८३						
SUN	MON	TUE	WED	THU	FRI	SAT
			1 चतुर्दशी-पूर्णिमा	2 पूर्णिमा	3 वै.कृ.१	4 द्वितीया
5 तृतीया	6 चतुर्थी	7 पंचमी	8 षष्ठी	9 सप्तमी	10 अष्टमी	11 नवमी
12 दशमी	13 एकादशी	14 द्वादशी	15 त्रयोदशी	16 चतुर्दशी	17 अमावास्या	18 वै.शु.१
19 द्वितीया	20 तृतीया	21 चतुर्थी	22 पंचमी	23 सप्तमी	24 अष्टमी	25 नवमी
26 दशमी	27 एकादशी	28 द्वादशी	29 त्रयोदशी	30 चतुर्दशी		

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  - ☞ Sri Siva Puja on Mondays.
  - ☞ Sri Skanda Puja on Tuesdays.
  - ☞ Sri Vishnu Puja on Wednesdays.
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ॐ

When you surrender  
yourself to the  
Lord, there is no  
need for you to look  
after yourself.

*Sivananda*

- 1 Purnima,  
Sri Buddha Jayanti
- 13 Ekadashi
- 14 Pradosha Puja
- 16 Amavasya
- 26 Sri Ganga Dashahara
- 27 Ekadashi
- 28 Pradosha Puja
- 30/31 Purnima

May 2026							वैशाख-ज्येष्ठ, वि.सं. २०८३						
SUN	MON	TUE	WED	THU	FRI	SAT							
31 पूर्णिमा					1 पूर्णिमा	2 शु.ज्ये.कृ.१							
3 द्वितीया	4 तृतीया	5 चतुर्थी	6 पंचमी	7 पंचमी	8 षष्ठी	9 सप्तमी							
10 अष्टमी	11 नवमी	12 दशमी	13 एकादशी	14 द्वादशी	15 त्रयोदशी	16 अमावास्या							
17 अ.ज्ये.शु.१	18 द्वितीया	19 तृतीया	20 चतुर्थी	21 पंचमी	22 षष्ठी	23 सप्तमी							
24 अष्टमी	25 नवमी	26 दशमी	27 एकादशी	28 द्वादशी	29 त्रयोदशी	30 चतुर्दशी-पूर्णिमा							

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ॐ

**Strive for Divine Life. You will attain eternal peace.**

*Sivananda*

- 1 102nd Anniversary of Sannyasa Diksha of H. H. Sri Swami Sivanandaji Maharaj
- 11 Ekadashi
- 12 Pradosha Puja
- 15 Somavati Amavasya
- 25 Ekadashi
- 27 Pradosha Puja
- 29 Purnima

June 2026 ज्येष्ठ-आषाढ़, वि.सं. २०८३						
SUN	MON	TUE	WED	THU	FRI	SAT
	1 अ.ज्ये.कृ.१	2 द्वितीया	3 तृतीया	4 चतुर्थी	5 पंचमी	6 षष्ठी
7 सप्तमी	8 अष्टमी	9 नवमी	10 दशमी	11 एकादशी	12 द्वादशी	13 त्रयोदशी
14 चतुर्दशी-अमावास्या	15 अमावास्या	16 शु.ज्ये.शु.१	17 तृतीया	18 चतुर्थी	19 पंचमी	20 षष्ठी
21 सप्तमी	22 अष्टमी	23 नवमी	24 दशमी	25 एकादशी	26 द्वादशी	27 त्रयोदशी
28 चतुर्दशी	29 पूर्णिमा	30 आ.कृ.१				

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ॐ

Walk in the  
foot-steps of the  
great Saviours and  
Saints of the  
world.

*Sivananda*

- 10 Ekadashi
- 12 Pradosha Puja
- 14 Amavasya
- 25 Harishayani Ekadashi
- 26 Pradosha Puja
- 29 Sri Gurupurnima,  
Sri Vyasa Puja,  
Sri Guru Puja

July 2026							आषाढ़-श्रावण, वि.सं. २०८३						
SUN	MON	TUE	WED	THU	FRI	SAT							
			1 आ.कृ.१	2 द्वितीया	3 तृतीया	4 चतुर्थी							
5 पंचमी	6 षष्ठी	7 सप्तमी	8 अष्टमी	9 नवमी	10 एकादशी	11 द्वादशी							
12 त्रयोदशी	13 चतुर्दशी	14 अमावास्या	15 आ.शु.१	16 द्वितीया	17 तृतीया	18 चतुर्थी							
19 पंचमी	20 षष्ठी	21 सप्तमी	22 अष्टमी	23 नवमी	24 दशमी	25 एकादशी							
26 द्वादशी	27 त्रयोदशी	28 चतुर्दशी	29 पूर्णिमा	30 श्रा.कृ.१	31 द्वितीया								

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**The highest use  
of life is to live it  
in the service of  
all beings.**

*Sivananda*

- 7 63rd Anniversary of  
Punyatithi Aradhana of  
H. H. Sri Swami  
Sivanandaji Maharaj
- 9 Ekadashi
- 10 Pradosha Puja
- 12 Amavasya
- 15 Independence Day
- 17 Naga Panchami
- 19 Sri Tulsidas Jayanti
- 23 Ekadashi
- 25 Pradosha Puja
- 27 Purnima
- 28 Purnima,  
Raksha Bandhana

# August 2026

# श्रावण-भाद्रपद, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
<b>30</b> द्वितीया	<b>31</b> तृतीया					<b>1</b> तृतीया
<b>2</b> चतुर्थी	<b>3</b> पंचमी	<b>4</b> षष्ठी	<b>5</b> सप्तमी	<b>6</b> अष्टमी	<b>7</b> नवमी	<b>8</b> दशमी
<b>9</b> एकादशी	<b>10</b> द्वादशी	<b>11</b> चतुर्दशी	<b>12</b> अमावास्या	<b>13</b> श्रा.शु.१	<b>14</b> द्वितीया	<b>15</b> तृतीया
<b>16</b> चतुर्थी	<b>17</b> पंचमी	<b>18</b> षष्ठी	<b>19</b> सप्तमी	<b>20</b> अष्टमी	<b>21</b> नवमी	<b>22</b> दशमी
<b>23</b> एकादशी	<b>24</b> द्वादशी	<b>25</b> द्वादशी	<b>26</b> त्रयोदशी	<b>27</b> चतुर्दशी-पूर्णिमा	<b>28</b> पूर्णिमा	<b>29</b> भा.कु.१

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ॐ

**Devote every minute of your life to attain your sole-object i.e. Self-realisation.**

*Sivananda*

- 4 Sri Krishna Janmashtami
- 7 Ekadashi
- 8 139th Birth Anniversary of H. H. Sri Swami Sivanandaji Maharaj, Pradosha Puja
- 9 18th Anniversary of Punyatithi Aradhana of H.H. Sri Swami Chidanandaji Maharaj
- 11 Amavasya
- 14 Sri Ganesha Chaturthi
- 15 Rishi Panchami
- 22 Ekadashi
- 24 110th Birth Anniversary of H. H. Sri Swami Chidanandaji Maharaj, Pradosha Puja
- 25 Ananta Chaturdashi
- 26 Purnima
- 27 Mahalaya (Pitri Paksha) begins

September 2026 भाद्रपद-आश्विन, वि.सं. २०८३						
SUN	MON	TUE	WED	THU	FRI	SAT
		1 चतुर्थी	2 षष्ठी	3 सप्तमी	4 अष्टमी	5 नवमी
6 दशमी	7 एकादशी	8 द्वादशी	9 त्रयोदशी	10 चतुर्दशी	11 अमावास्या	12 भा.शु.१
13 द्वितीया	14 तृतीया	15 चतुर्थी	16 पंचमी	17 षष्ठी	18 सप्तमी	19 अष्टमी
20 नवमी	21 दशमी	22 एकादशी	23 द्वादशी	24 त्रयोदशी	25 चतुर्दशी	26 पूर्णिमा
27 आ.कृ.१	28 द्वितीया	29 तृतीया	30 चतुर्थी			

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  - ☞ Sri Vishnu Puja on Wednesdays.
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Have perfect trust  
in God; abandon all  
fears, cares,  
worries and be at  
perfect ease.

*Sivananda*

- 2 Gandhi Jayanti
- 6 Ekadashi
- 8 Pradosha Puja
- 10 Amavasya, Mahalaya  
(Pitri Paksha) ends
- 11 Navaratri Puja begins
- 17 Saraswati Avahana
- 18 Durga Ashtami
- 19 Sri Maha Navami,  
Navaratri Puja  
concludes
- 20 Vijaya Dashami
- 22 Ekadashi
- 23 Pradosha Puja
- 25 Purnima
- 26 Purnima,  
Maharshi Valmiki  
Jayanti

# October 2026 आश्विन-कार्तिक, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
				1 पंचमी	2 षष्ठी	3 सप्तमी
4 अष्टमी	5 दशमी	6 एकादशी	7 द्वादशी	8 त्रयोदशी	9 चतुर्दशी	10 अमावास्या
11 आ.शु.१	12 द्वितीया	13 तृतीया	14 चतुर्थी	15 पंचमी	16 षष्ठी	17 सप्तमी
18 अष्टमी	19 अष्टमी	20 नवमी	21 दशमी	22 एकादशी	23 द्वादशी	24 त्रयोदशी
25 चतुर्दशी-पूर्णिमा	26 पूर्णिमा	27 का.कृ.१	28 द्वितीया	29 चतुर्थी	30 पंचमी	31 षष्ठी

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There is peace,  
when one finds  
good in evil, beauty  
in ugliness and  
pleasure in pain.

*Sivananda*

- 2 Sri Radha Ashtami
- 5 Ekadashi
- 6 Pradosha Puja
- 7 Naraka Chaturdashi
- 8 Amavasya  
Deepavali,  
Sri Lakshmi Puja
- 9 Somavati Amavasya,  
Govardhan Puja,  
Go Puja, Sri Bali Puja
- 15 Skanda Shashthi
- 17 Gopashtami,  
25th Anniversary of  
Punyatithi Aradhana of  
H. H. Sri Swami  
Krishnanandaji Maharaj
- 20 Ekadashi
- 22 Pradosha Puja
- 23 Vaikuntha Chaturdashi
- 24 Kartika Purnima,  
Sri Gurunankar Jayanti

# November 2026 कार्तिक-मार्गशीर्ष, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> सप्तमी	<b>2</b> अष्टमी	<b>3</b> नवमी	<b>4</b> दशमी	<b>5</b> एकादशी	<b>6</b> द्वादशी	<b>7</b> त्रयोदशी
<b>8</b> चतुर्दशी-अमावास्या	<b>9</b> अमावास्या	<b>10</b> का.शु.१	<b>11</b> द्वितीया	<b>12</b> तृतीया	<b>13</b> चतुर्थी	<b>14</b> पंचमी
<b>15</b> षष्ठी	<b>16</b> सप्तमी	<b>17</b> अष्टमी	<b>18</b> नवमी	<b>19</b> दशमी	<b>20</b> एकादशी	<b>21</b> द्वादशी
<b>22</b> त्रयोदशी	<b>23</b> चतुर्दशी	<b>24</b> पूर्णिमा	<b>25</b> मा.कृ.१	<b>26</b> द्वितीया	<b>27</b> तृतीया	<b>28</b> चतुर्थी
<b>29</b> पंचमी	<b>30</b> षष्ठी					

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ॐ  
To behold the one  
Atman in all  
creatures, in a saint  
and a rogue, in all  
forms, ugly or  
beautiful, is Jnana.  
*Sivananda*

- 2 44th Anniversary of  
Punyatithi Aradhana of  
H. H. Sri Swami  
Venkatesanandaji  
Maharaj
- 3 83rd Anniversary of  
Akhand Mahamantra  
Sankirtana Yajna at  
Sivananda Ashram
- 4 Ekadashi
- 6 Pradosha Puja
- 8 Amavasya
- 20 Ekadashi
- Sri Gita Jayanti
- 21 Pradosha Puja
- 23 Purnima
- Sri Dattatreya Jayanti
- 24 Purnima
- 31 83rd Anniversary of  
Pratishtha Mahotsava of  
Sri Vishwanatha Mandir  
at Sivananda Ashram

December 2026 मार्गशीर्ष-पौष, वि.सं. २०८३						
SUN	MON	TUE	WED	THU	FRI	SAT
		1 अष्टमी	2 नवमी	3 दशमी	4 एकादशी	5 द्वादशी
6 त्रयोदशी	7 चतुर्दशी	8 अमावास्या	9 मा.शु.१	10 मा.शु.१	11 द्वितीया	12 तृतीया
13 चतुर्थी	14 पंचमी	15 षष्ठी	16 सप्तमी	17 अष्टमी	18 नवमी	19 दशमी
20 एकादशी	21 द्वादशी	22 त्रयोदशी	23 चतुर्दशी-पूर्णिमा	24 पूर्णिमा	25 पौ.कृ.-द्वितीया	26 तृतीया
27 चतुर्थी	28 पंचमी	29 षष्ठी	30 सप्तमी	31 अष्टमी		

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