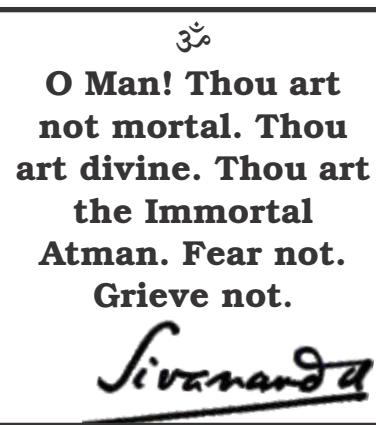




Life is a wonderful gift of God.
Place this life at the lotus-feet
of the Lord as a flower.

Swami Sivananda



1 Pradosha Puja
2/3 Purnima
7 26th Anniversary of Punyatithi Aradhana of H. H. Sri Swami Devanandaji Maharaj
14 Ekadashi
Makar Sankranti
(Uttarayana Punyakala 09.38 p.m)
16 Pradosha Puja
18 Mouni Amavasya
23 Vasanta Panchami
25 Ratha Saptami
26 Republic Day, Bhishma Ashtami
29 Ekadashi
30 Pradosha Puja

January 2026

पौष-माघ, वि.सं. २०८२

SUN	MON	TUE	WED	THU	FRI	SAT
				1 त्रयोदशी	2 चतुर्दशी-पूर्णिमा	3 पूर्णिमा
4 मा.कृ.१	5 द्वितीया	6 तृतीया	7 चतुर्थी	8 पंचमी	9 षष्ठी	10 सप्तमी
11 अष्टमी	12 नवमी	13 दशमी	14 एकादशी	15 द्वादशी	16 त्रयोदशी	17 चतुर्दशी
18 अमावस्या	19 मा.शु.१	20 द्वितीया	21 तृतीया	22 चतुर्थी	23 पंचमी	24 षष्ठी
25 सप्तमी	26 अष्टमी	27 नवमी	28 दशमी	29 एकादशी	30 द्वादशी	31 त्रयोदशी

NOTES

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- ☞ Sri Siva Puja on Mondays.
- ☞ Sri Skanda Puja on Tuesdays.
- ☞ Sri Vishnu Puja on Wednesdays.
- ☞ Sri Guru Puja on Thursdays.
- ☞ Special Ganga Puja and Lakshmi Puja on Fridays.
- ☞ Sri Hanuman Puja on Saturdays.



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ॐ

There is one
panacea for all
ills: the Name of
God.

Sivananda

- 1 Purnima
- 4 24th Anniversary of Punyatithi Aradhana of H. H. Sri Swami Dayanandaji Maharaj
- 5 22nd Anniversary of Punyatithi Aradhana of H. H. Sri Swami Premanandaji Maharaj
- 13 Ekadashi
- 14 Pradosha Puja
- 15 Sri Mahasivaratri
- 17 Amavasya
- 27 Ekadashi

February 2026

माघ-फाल्गुन, वि.सं. २०८२

SUN	MON	TUE	WED	THU	FRI	SAT
1 पूर्णिमा	2 फा.कृ.१	3 द्वितीया	4 तृतीया	5 चतुर्थी	6 पंचमी	7 षष्ठी
8 सप्तमी	9 अष्टमी	10 अष्टमी	11 नवमी	12 दशमी	13 एकादशी	14 द्वादशी
15 त्रयोदशी	16 चतुर्दशी	17 अमावास्या	18 फा.शु.१	19 द्वितीया	20 तृतीया	21 चतुर्थी
22 पंचमी	23 षष्ठी	24 सप्तमी	25 नवमी	26 दशमी	27 एकादशी	28 द्वादशी

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- Sri Vishnu Puja on Wednesdays.
- Sri Guru Puja on Thursdays.
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- Sri Hanuman Puja on Saturdays.



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ॐ
Divine Grace should
back up personal
effort. Then alone
God-realisation is
possible.

Sivananda

- 1 Pradosha Puja
- 2 Purnima
- 3 Purnima,
Sri Chaitanya
Mahaprabhu Jayanti,
Lunar Eclipse
6.02 p.m. to 6.47 p.m.
21st Anniversary of
Punyatithi Aradhana of
H. H. Sri Swami
Madhavanandaji
Maharaj
- 4 Holi
- 15 Ekadashi
- 16 Pradosha Puja
- 18/19 Amavasya
- 19 Ugadi; Lunar New Year's
Day; Vasanta Navaratri
begins
- 27 Sri Ramanavami
- 29 Ekadashi
- 30 Pradosha Puja
- 31 Sri Mahaveer Jayanti

March 2026 फाल्गुन-चैत्र, वि.सं. २०८२-२०८३

SUN	MON	TUE	WED	THU	FRI	SAT
1 त्रयोदशी	2 चतुर्दशी-पूर्णिमा	3 पूर्णिमा	4 चै.कृ.१	5 द्वितीया	6 तृतीया	7 चतुर्थी
8 पंचमी	9 षष्ठी	10 सप्तमी	11 अष्टमी	12 नवमी	13 दशमी	14 दशमी
15 एकादशी	16 द्वादशी	17 त्रयोदशी	18 चतुर्दशी-अमावास्या	19 चै.शु.१	20 द्वितीया	21 तृतीया
22 चतुर्थी	23 पंचमी	24 षष्ठी	25 सप्तमी	26 अष्टमी	27 नवमी	28 दशमी
29 एकादशी	30 द्वादशी	31 त्रयोदशी				

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ॐ
God is formless
and yet He is
the form of all
forms.

Sivananda

- 1 Purnima
- 2 Purnima,
Sri Hanuman Jayanti
- 13 Ekadashi
- 14 Mesha Sankranti
(11.45 a.m.)
- 15 Pradosha Puja
- 17 Amavasya
- 19 Sri Parashuram Jayanti
- 20 Akshaya Tritiya
- 22 Sri Adi Sankaracharya
Jayanti
- 23 Sri Ganga Saptami
- 25 104th Birth
Anniversary of H.H. Sri
Swami Krishnanandaji
Maharaj
- 27 Ekadashi
- 29 Pradosha Puja

April 2026

चैत्र-वैशाख, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
			1 चतुर्दशी-पूर्णिमा	2 पूर्णिमा	3 वै.कृ.१	4 द्वितीया
5 तृतीया	6 चतुर्थी	7 पंचमी	8 षष्ठी	9 सप्तमी	10 अष्टमी	11 नवमी
12 दशमी	13 एकादशी	14 द्वादशी	15 त्रयोदशी	16 चतुर्दशी	17 अमावास्या	18 वै.शु.१
19 द्वितीया	20 तृतीया	21 चतुर्थी	22 पंचमी	23 सप्तमी	24 अष्टमी	25 नवमी
26 दशमी	27 एकादशी	28 द्वादशी	29 त्रयोदशी	30 चतुर्दशी		

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ॐ
When you surrender
yourself to the
Lord, there is no
need for you to look
after yourself.

Sivananda

1 Purnima,
Sri Buddha Jayanti
13 Ekadashi
14 Pradosha Puja
16 Amavasya
26 Sri Ganga Dashahara
27 Ekadashi
28 Pradosha Puja
30/31 Purnima

May 2026

वैशाख-ज्येष्ठ, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
31 पूर्णिमा					1 पूर्णिमा	2 शु.ज्ये.कृ.१
3 द्वितीया	4 तृतीया	5 चतुर्थी	6 पंचमी	7 पंचमी	8 षष्ठी	9 सप्तमी
10 अष्टमी	11 नवमी	12 दशमी	13 एकादशी	14 द्वादशी	15 त्रयोदशी	16 अमावास्या
17 अ.ज्ये.शु.१	18 द्वितीया	19 तृतीया	20 चतुर्थी	21 पंचमी	22 षष्ठी	23 सप्तमी
24 अष्टमी	25 नवमी	26 दशमी	27 एकादशी	28 द्वादशी	29 त्रयोदशी	30 चतुर्दशी-पूर्णिमा

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ॐ
Strive for Divine
Life. You will
attain eternal
peace.

Sivananda

1 102nd Anniversary of
Sannyasa Diksha of
H. H. Sri Swami
Sivanandaji Maharaj

11 Ekadashi
12 Pradosha Puja
15 Somavati Amavasya
25 Ekadashi
27 Pradosha Puja
29 Purnima

June 2026

ज्येष्ठ-आषाढ़, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
	1 अ.ज्ये.कृ.१	2 द्वितीया	3 तृतीया	4 चतुर्थी	5 पंचमी	6 षष्ठी
7 सप्तमी	8 अष्टमी	9 नवमी	10 दशमी	11 एकादशी	12 द्वादशी	13 त्रयोदशी
14 चतुर्दशी-अमावास्या	15 अमावास्या	16 शु.ज्ये.शु.१	17 तृतीया	18 चतुर्थी	19 पंचमी	20 षष्ठी
21 सप्तमी	22 अष्टमी	23 नवमी	24 दशमी	25 एकादशी	26 द्वादशी	27 त्रयोदशी
28 चतुर्दशी	29 पूर्णिमा	30 आ.कृ.१				

NOTES

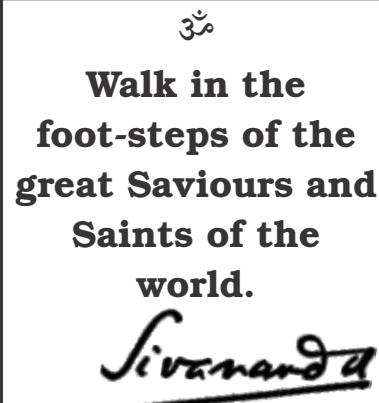
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10 Ekadashi
12 Pradosha Puja
14 Amavasya
25 Harishayani Ekadashi
26 Pradosha Puja
29 Sri Gurupurnima,
Sri Vyasa Puja,
Sri Guru Puja

July 2026

आषाढ़-श्रावण, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
			1 आ.कृ.१	2 द्वितीया	3 तृतीया	4 चतुर्थी
5 पंचमी	6 षष्ठी	7 सप्तमी	8 अष्टमी	9 नवमी	10 एकादशी	11 द्वादशी
12 त्रयोदशी	13 चतुर्दशी	14 अमावास्या	15 आ.शु.१	16 द्वितीया	17 तृतीया	18 चतुर्थी
19 पंचमी	20 षष्ठी	21 सप्तमी	22 अष्टमी	23 नवमी	24 दशमी	25 एकादशी
26 द्वादशी	27 त्रयोदशी	28 चतुर्दशी	29 पूर्णिमा	30 श्रा.कृ.१	31 द्वितीया	

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ॐ
The highest use
of life is to live it
in the service of
all beings.

Sivananda

7 63rd Anniversary of
Punyatithi Aradhana of
H. H. Sri Swami
Sivanandaji Maharaj

9 Ekadashi
10 Pradosha Puja
12 Amavasya
15 Independence Day
17 Naga Panchami
19 Sri Tulsidas Jayanti
23 Ekadashi
25 Pradosha Puja
27 Purnima
28 Purnima,
Raksha Bandhana



August 2026

श्रावण-भाद्रपद, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
30 द्वितीया	31 तृतीया					1 तृतीया
2 चतुर्थी	3 पंचमी	4 षष्ठी	5 सप्तमी	6 अष्टमी	7 नवमी	8 दशमी
9 एकादशी	10 द्वादशी	11 चतुर्दशी	12 अमावास्या	13 श्रा.शु.१	14 द्वितीया	15 तृतीया
16 चतुर्थी	17 पंचमी	18 षष्ठी	19 सप्तमी	20 अष्टमी	21 नवमी	22 दशमी
23 एकादशी	24 द्वादशी	25 द्वादशी	26 त्रयोदशी	27 चतुर्दशी-पूर्णिमा	28 पूर्णिमा	29 भा.कृ.१

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ॐ
Devote every
minute of your life
to attain your
sole-object i.e.
Self-realisation.
Sivananda

4 Sri Krishna Janmashtami
7 Ekadashi
8 139th Birth Anniversary
of H. H. Sri Swami
Sivanandaji Maharaj,
Pradosha Puja
9 18th Anniversary of
Punyatithi Aradhana of
H.H. Sri Swami
Chidanandaji Maharaj
11 Amavasya
14 Sri Ganesha Chaturthi
15 Rishi Panchami
22 Ekadashi
24 110th Birth Anniversary
of H. H. Sri Swami
Chidanandaji Maharaj,
Pradosha Puja
25 Ananta Chaturdashi
26 Purnima
27 Mahalaya
(Pitri Paksha) begins

September 2026 भाद्रपद-आश्विन, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
		1 चतुर्थी	2 षष्ठी	3 सप्तमी	4 अष्टमी	5 नवमी
6 दशमी	7 एकादशी	8 द्वादशी	9 त्रयोदशी	10 चतुर्दशी	11 अमावास्या	12 भा.शु. १
13 द्वितीया	14 तृतीया	15 चतुर्थी	16 पंचमी	17 षष्ठी	18 सप्तमी	19 अष्टमी
20 नवमी	21 दशमी	22 एकादशी	23 द्वादशी	24 त्रयोदशी	25 चतुर्दशी	26 पूर्णिमा
27 आ.कृ. १	28 द्वितीया	29 तृतीया	30 चतुर्थी			

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- Sri Hanuman Puja on Saturdays.



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ॐ
Have perfect trust
in God; abandon all
fears, cares,
worries and be at
perfect ease.

Sivananda

2 Gandhi Jayanti
6 Ekadashi
8 Pradosha Puja
10 Amavasya, Mahalaya
(Pitri Paksha) ends
11 Navaratri Puja begins
17 Saraswati Avahana
18 Durga Ashtami
19 Sri Maha Navami,
Navaratri Puja
concludes
20 Vijaya Dashami
22 Ekadashi
23 Pradosha Puja
25 Purnima
26 Purnima,
Maharshi Valmiki
Jayanti

October 2026 आश्विन-कार्तिक, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
				1 पंचमी	2 षष्ठी	3 सप्तमी
4 अष्टमी	5 दशमी	6 एकादशी	7 द्वादशी	8 त्रयोदशी	9 चतुर्दशी	10 अमावास्या
11 आ.शु. १	12 द्वितीया	13 तृतीया	14 चतुर्थी	15 पंचमी	16 षष्ठी	17 सप्तमी
18 अष्टमी	19 अष्टमी	20 नवमी	21 दशमी	22 एकादशी	23 द्वादशी	24 त्रयोदशी
25 चतुर्दशी-पूर्णिमा	26 पूर्णिमा	27 का.कृ. १	28 द्वितीया	29 चतुर्थी	30 पंचमी	31 षष्ठी

NOTES

- ☞ 8th of every month is observed as the birth-date of H.H. Sri Swami Sivanandaji Maharaj.
- ☞ All Souls' Day on Amavasyas.
- ☞ Sri Veda-Bhagavan Puja on every Purnima.
- ☞ Sri Mahamrityunjaya Havan on Pradosha Puja day.
- ☞ Sri Suryanarayana Puja on Sundays.
- ☞ Sri Siva Puja on Mondays.
- ☞ Sri Skanda Puja on Tuesdays.
- ☞ Sri Vishnu Puja on Wednesdays.
- ☞ Sri Guru Puja on Thursdays.
- ☞ Special Ganga Puja and Lakshmi Puja on Fridays.
- ☞ Sri Hanuman Puja on Saturdays.



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ॐ
There is peace,
when one finds
good in evil, beauty
in ugliness and
pleasure in pain.
Sivananda

- 2 Sri Radha Ashtami
- 5 Ekadashi
- 6 Pradosha Puja
- 7 Naraka Chaturdashi
- 8 Amavasya
Deepavali,
Sri Lakshmi Puja
- 9 Somavati Amavasya,
Govardhan Puja,
Go Puja, Sri Bali Puja
- 15 Skanda Shashthi
- 17 Gopashtami,
25th Anniversary of
Punyatithi Aradhana of
H. H. Sri Swami
Krishnanandaji Maharaj
- 20 Ekadashi
- 22 Pradosha Puja
- 23 Vaikuntha Chaturdashi
- 24 Kartika Purnima,
Sri Gurunanaka Jayanti

November 2026 कार्तिक–मार्गशीर्ष, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
1 सप्तमी	2 अष्टमी	3 नवमी	4 दशमी	5 एकादशी	6 द्वादशी	7 त्र्योदशी
8 चतुर्दशी–अमावास्या	9 अमावास्या	10 का.शु.१	11 द्वितीया	12 तृतीया	13 चतुर्थी	14 पंचमी
15 षष्ठी	16 सप्तमी	17 अष्टमी	18 नवमी	19 दशमी	20 एकादशी	21 द्वादशी
22 त्र्योदशी	23 चतुर्दशी	24 पूर्णिमा	25 मा.कृ.१	26 द्वितीया	27 तृतीया	28 चतुर्थी
29 पंचमी	30 षष्ठी					

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ॐ
To behold the one
Atman in all
creatures, in a saint
and a rogue, in all
forms, ugly or
beautiful, is Jnana.
Sivananda

2 44th Anniversary of
Punyatithi Aradhana of
H. H. Sri Swami
Venkatesanandaji
Maharaj
3 83rd Anniversary of
Akhanda Mahamantra
Sankirtana Yajna at
Sivananda Ashram
4 Ekadashi
6 Pradosha Puja
8 Amavasya
20 Ekadashi
Sri Gita Jayanti
21 Pradosha Puja
23 Purnima
Sri Dattatreya Jayanti
24 Purnima
31 83rd Anniversary of
Pratishtha Mahotsava of
Sri Vishwanatha Mandir
at Sivananda Ashram

December 2026 मार्गशीर्ष-पौष, वि.सं. २०८३

SUN	MON	TUE	WED	THU	FRI	SAT
		1 अष्टमी	2 नवमी	3 दशमी	4 एकादशी	5 द्वादशी
6 त्रयोदशी	7 चतुर्दशी	8 अमावास्या	9 मा.शु.१	10 मा.शु.१	11 द्वितीया	12 तृतीया
13 चतुर्थी	14 पंचमी	15 षष्ठी	16 सप्तमी	17 अष्टमी	18 नवमी	19 दशमी
20 एकादशी	21 द्वादशी	22 त्रयोदशी	23 चतुर्दशी-पूर्णिमा	24 पूर्णिमा	25 पौ.कृ.-द्वितीया	26 तृतीया
27 चतुर्थी	28 पंचमी	29 षष्ठी	30 सप्तमी	31 अष्टमी		

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