

## NEWS AND REPORTS

### **SWAMI CHIDANANDA BIRTH CENTENARY CELEBRATIONS STATE LEVEL PROGRAMMES**



Under the aegis of Swami Chidananda Birth Centenary Celebrations, the DLS Jalandhar Branch organised a Sadhana Shivir and also celebrated the Annual Day of its Om Divya Prem Mandir from 28th April to 7th May 2015.

Srimad Bhagavat Katha by Sri Krishna Chandra Shastri of Vrindavan was organised from 28th April to 6th May. Akhanda Path of Sri Ramacharitmanas was also organised. A Sadhana Shivir was held on 5th and 6th May wherein H.H. Sri Swami Advaitanandaji (Chairman Swami Chidananda Birth Centenary Celebration Committee), Sri Swami Dharmanishthanandaji, Sri Swami Vaikunthanandaji from the Headquarters Ashram and Sri Brijesh Pathakji (Ramayani) from Bareilly addressed the devotees in different sessions guiding them on various aspects of spiritual life.

The programme of the concluding day i.e. 7th May included Prabhat-pheri, Paduka Puja and blessing messages by the revered Swamijis. The programme came to a close with the distribution of special Prasad. Devotees from the different DLS Branches attended these programmes.

May the abundant benedictions of the Lord Almighty, Sadgurudev Sri Swami Sivanandaji Maharaj and Worshipful Sri Swami Chidanandaji Maharaj be upon all.

## **A TWO DAY SPIRITUAL RETREAT FOR THE STUDENTS OF CANADIAN INTERNATIONAL SCHOOL AT THE HEADQUARTERS ASHRAM**



A Two Day Spiritual Retreat for the Students of Canadian International School, Bangalore was organized at the Headquarters Ashram on 19th and 20th May 2015. This retreat was a part of their Three Week contextual Learning Programme in Uttarakhand.

Seventeen students of about 14 years of age along with their three teachers arrived on 18th May evening to participate in the Spiritual Retreat and were extended a warm welcome by H.H. Sri Swami Padmanabhanandaji Maharaj. The activities of the Retreat were meticulously designed by Sri Swami Amritarupananda Mataji with a view to inculcate moral and spiritual values in the students and ensure their physical and mental health as well.

Both the days of the Retreat, the forenoon session commenced with Yogasana Class conducted by Sri Swami Gurubhaktanandaji. The students

evinced keen interest and enthusiasm in learning the Yogasanas. It was followed by rendering Seva in Clean Himalayas Seva Project under the guidance of Sri Swami Amritarupananda Mataji. The students enthusiastically participated in the project of Clean Ganga by picking up garbage from the Ghats of the river Ganga.



During the mid-morning sessions of both the days, H.H. Sri Swami Nirliptanandaji Maharaj explained to them the significance of Kirtan and Japa and also taught them Jaya Ganesh Prayer with meaning. Thereafter, the students had interactive sessions with Sri Swami Atmaswarupanandaji and Amritarupananda Mataji on 19th May and Sri Gopiji on 20th May. Then, H.H. Sri Swami Vimalanandaji Maharaj apprised them of the glorious life of Sadgurudev Sri Swami Sivanandaji Maharaj through his inspiring talks at the holy Samadhi Shrine.

During the evening session, H.H. Sri Swami Padmanabhanandaji Maharaj answered their queries in question-answer session and also gave them practical guidelines for relaxation. All the participants felt immensely blessed to be the part of this Divine Retreat and to have an experience of pure and serene life in the sacred abode of Sadgurudev at the holy banks of Mother Ganga.

May the blessings of Lord Almighty and Sadgurudev be upon all.

